

## WEIGHT LOSS PACKAGE 2026

At least 14 days | FB | 56 treatments in two weeks

### The Stay Includes:

- Accommodation in private rooms with half board
- Up to 56 therapeutic procedures per week
- Initial medical examination and individualized treatment plan
- Nutritional therapist consultation and natural healing resources

### Main treatments include:

- 10x Cryotherapy Sessions
- 10x Nordic Walking Sessions
- Comprehensive Physiotherapy
- Individual Therapeutic Exercise
- Scotch Hose Therapy
- Partial Classic Massage
- Underwater Massage

### Additional treatments:

- Classic massage partial
- Dry Carbon Dioxide Bath
- Peat Wraps
- Automated Lymphatic Drainage
- Cryotherapy + Nordic Walking



### Additional Services:

- Initial and final doctor's check-up, and final medical report
- Drinking cure – mineral springs in the city of Karlovy Vary
- City tax is paid separately at the hotel reception

### 10% Discount Guarantee

### Free Services:

- Daily free use of the hotel's wellness land "Alt Karlsbad"
- Swimming pool, sauna, fitness
- Translation services

**Carlsbad Plaza 1:30 hour from Prague**

Room Type and Accommodation	Cost in Euro / Per Day
Queen Single (Patient)	480 €
DBL Superior (Patient with Companion)	622 €
DBL Superior (two Patient)	852 €
Junior Suite (tow Patients)	954 €

# PHYSIOTHERAPY PROGRAM 2026

At least 7 days | HB | 24 treatments per week

## The Stay Includes:

- Accommodation in private rooms with full board
- Up to 24 therapeutic procedures per week
- Initial medical examination and individualized treatment plan
- One-to-one physiotherapy and natural healing resources



## Main treatments per week include:

- 10x whole body cryotherapy per week
- Entrance examination by a doctor and creation of an individual treatment plan
- Medical consultation
- Final medical consultation
- Laboratory blood and urine tests
- Drinking cure as prescribed by our doctor

## Additional Services:

- Initial and final doctor's check-up, and final medical report
- Drinking cure – mineral springs in the city of Karlovy Vary
- City tax is paid separately at the hotel reception

## Additional treatments per week:

- Individual therapeutic exercise
- Classic massage partial
- Peat bath + wrap, Paraffin on the hands
- Underwater massage, Carbon dioxide bath
- Magnetic therapy

## Free Services:

- Daily free use of the hotel's wellness land "Alt Karlsbad"
- Swimming pool, sauna, fitness
- Translation services

**Carlsbad Plaza 1:30 hour from Prague**

Room Type and Accommodation	Cost in Euro / Per Day
Queen Single (Patient)	370 €
DBL Superior (Patient with Companion)	511 €
DBL Superior (Two Patient)	632 €
Junior Suite (Two Patients)	736 €