

WEIGHT LOSS PROGRAM 2026 IN MARIANSKE

At least 7 days | HB | 24 treatments per week

The Stay Includes:

- Accommodation in private rooms with half board
- Up to 24 therapeutic procedures per week
- Initial medical examination and individualized treatment plan
- Consultation with a nutrition specialist, including a personalized dietary plan

Main treatments per week include:

- 2x Device-based body treatment
- 2x Anti-cellulite massage – partial body
- 3x Natural dry carbon gas baths
- 2x Lymphoven – pressure massage
- 4x Fitness exercise with a trainer at Premier Fitness Centre (30 minutes each)
- 3x Mineral bath with natural CO₂

Additional Therapies per week:

- 1x Classical full-body massage
- 2x Individual therapeutic exercises
- 3x Nordic Walking sessions
- 2x Body Analyzer (BMI check-up) – initial and final measurement



Additional Services:

- Initial and final doctor's check-up, and final medical report
- **Basic laboratory examination:**
Biochemical blood test (blood glucose, cholesterol and other lipid levels, liver tests, kidney function and uric acid), urinalysis

Free Services:

- Daily mineral water drinking cure
- Daily entry to the Aqua Wellness Centre in the hotel Hvězda
- Translation services

Hvězda Spa 2 hours from Prague

Room Type and Accommodation	Cost in Euro / Per Day
SGL Premium (Patient)	249 €
DBL Premium with view (Patient + Companion)	366 €
Junior Suite (one Patient)	300 €
Junior Suite (two Patients)	490 €