

## WEIGHT LOSS PROGRAM SLIM

At least 14 nights | FB | 48 treatments in 2 weeks

### The Stay Includes:

- Accommodation in private rooms with full board
- Up to 48 therapeutic procedures in 2 weeks
- Initial medical examination and individualized treatment plan
- Full board in the form of a special SLIM menu with a nutrition therapist

### Main treatments per week include:

- 2x Lympha Press.
- Compression therapy, treatment of cellulite and obesity
- 3x VANQUISH ME — abdomen, hips
- 2x ICOONE
- Non-invasive strengthening and lymphatic body massage
- 6 x Nordic walking lesson

### Additional Therapies per week:

- 6x exercise with hydromassage in the pool
- 6x Fitness Lab sessions
- 4x Fitness Lab Cardio sessions
- Regenerative bath with additives
- Hydro-massage bath
- Classical massage partial
- 7x oxygen therapy



### Additional Services:

- Initial medical consultation
- Follow-up medical consultation
- Biochemical blood analysis
- Initial consultation with a nutrition therapist
- 2x follow-up consultation with a nutrition therapist
- 3x InBody diagnostics

### Free Services:

- Entry to the hotel pool
- Entry to the Organic & Garden Spa Zone
- (Sauna, sanarium, Kneipp path, steam cabin)
- Entry to the Fitness

**Lázně Bělohrad 1:30 hours from Prague**

### Room Type and Accommodation

### Cost in Euro / Per Day

Single Premium room (Patient)

280 €

Double Room Premium (Patient with Companion)

371 €

Suite Premium (Patient with Companion)

471 €